

Tradition On Ice Camp

Group 1: DOB 2018,2019,2020	Group 2: DOB 2015, 2016, 2017	Group 3: DOB 2013 & 2014
7:30 AM Group 1 - Check in 7:45 AM Group 1 -Equipment On		
8:00-9:00 AM Group 1 -Powerskating	8:15 AM Group 2 Check In 8:30 AM Group 2 Equipment on	8:00 AM Group 3 Check In
9:15 AM Group 1 -Equipment Off		8:15-9:15 AM Group 3 Off-Ice - in Dome
9:15-10:15 AM Group 2 Off-Ice - in Dome	9:00-10:00 AM Group 2 -Powerskating / Puck Control	9:30 AM Group 3 Equipment on
	10:15 AM Group 2 Equipment Off	
10:15-11:15 AM Group 1 - Snack / Chalk Talk / Game	10:15-11:15 AM Group 2 Off-Ice - in Dome	10:15-11:15 AM Group 3 - Powerskating / Puck Control
11:15 AM Group 1 -Equipment On		
11:45-12:45 PM Group 1 - On Ice	11:30-12:00 PM Group 2 - Lunch	11:30 PM Group 3 -Equipment Off
		11:30-12:00 PM Group 3 - Lunch
1:00 PM - Camp Over	12:00-12:30 PM Group 2 Chalk Talk - Dome Lobby	12:00-12:30 PM Group 3 Chalk Talk - Dome Lobby
	12:30 PM Group 2 Equipment on	
	1:00-2:00 PM Group 2 - On Ice Stations	12:45-1:45 PM Group 3 Speed & Agility - in Dome
	2:15 PM Group 2 Equipment Off	2:00 PM Group 3 Equipment on
	2:15-3:15 PM Group 2 Speed & Agility - in Dome	
	3:15 PM Group 2 Equipment on	2:30-3:30 PM Group 3 - On Ice Stations
	3:45-4:45 PM On Ice Games	3:30-3:45 PM Break
		3:45-4:45 PM On Ice Games
	5:00 PM - Camp Over	5:00 PM - Camp Over